



# Green Stripe

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Green stripe will be awarded when the student is able to perform the kicking combination corresponding to their belt. Students must (Kihap) on every Kick.

Belt	Sparring Combo
White Belt	Fighting Stance(kihap) Bounce Right foot Roundhouse Slide back Left Roundhouse Right High-Roundhouse
Yellow Belt	Fighting Stance(kihap) Bounce Left Leg Fast Kick Right Leg Roundhouse Slide back Right Leg Double Tap
Purple Belt	Fighting Stance(kihap) Bounce Left Leg Cut kick, Cut kick Left Leg Skipping Axe Kick Slide back Right Hand Punch Right Leg Roundhouse Left Leg Axe kick
Orange Belt	Fighting Stance(kihap) Bounce Skipping Left leg Axe Kick Left Leg Double tap Round House Slide back Right Leg Step Forward Back kick

Green Belt

Fighting Stance(kihap) Bounce  
Left Leg Fast double  
Right Leg Spinning Axe Kick  
Left Leg Step  
Slide back Right Leg Double Round House Kick

Blue Belt

Fighting Stance(kihap) Bounce  
Switch, Switch  
Left Leg Fast double Axe Kick  
Left Leg Switch Kick  
Right Leg Fade Back Kick  
Left Leg Step Forward  
Left Leg Spinning Axe Kick

Brown Belt

Fighting Stance(kihap) Bounce  
Left Leg Flare Cut Kick  
Left Leg Axe Kick  
Right Axe Kick  
Slide Back  
Check  
Left Leg Tap, Right Leg Back Kick

Red

Fighting Stance(kihap) Bounce  
Left Leg Skip  
Three-kick Double  
Leg Leg Pop Axe Kick,  
Right Leg Double Round House Kick  
Right Leg Fade Back Kick  
Left Leg Step Forward Spinning Hook Kick

Advanced Red

Fighting Stance(kihap) Bounce  
Left Leg Fast Double Axe Kick  
Slide back  
Left Leg Step Forward Double Tap Round House Kick  
Right Leg Double  
Slide Back  
Right Leg Back Kick  
Left Leg Spin Hook kick

Poom

Fighting Stance(kihap) Bounce  
Left Leg Cut Kick  
Lead Leg Double Round House Kick  
Left Leg Fade Back Kick  
Left Leg Cut/Flip Kick  
Left Leg Pop Hook Kick  
Left Leg Back Step  
Slide Back  
Left Leg Step Forward Spin Tap Spin Hook Kick